

## **Student Retreat Registration**

PLEASE NOTE: if registering AFTER February 28, 2017 bring registration form and payment with you to the event. DO NOT SEND AFTER FEB. 28!

# Student Retreat

2017 IAMT

Address:

Name:

E-mail/Phone:

School Attending:

Circle One: IAMT Student Member

Non-IAMT Member \$15

Fee Enclosed:

(please make all checks payable to IAMT) Please note: Lunch is included in price of registration.

Waiver: (Please read and sign.)

I agree and acknowledge that I am undertaking such participation in these "meeting/ conference" events and activities as my own free and intentional act, and I am fully aware that possible physical injury might occur as a result of my participation in this event. I do hereby assume responsibility for my own well-being. I agree not to allow any other individual to participate in my place.

Signature:	Date:

Please return sent in online by February 28



### **Presented By:**

Professor Kitty Karn Anna Matlack, MT-BC Lori Schwerer, CTRS Elisabeth Tinnes, MT-BC

**Date:** March 4, 2017

#### Location:

Western Illinois University I University Circle. Macomb, IL 61455

### Schedule:

TIME	DESCRIPTION
9:00–9:30am	Registration and Meet and Greet
9:45–10:45am	Yoga and Movement with Professor Kitty Karn
11:00-12:30	Lori Schwerer, CTRS and Anna Matlack, MT- BC "I Provide Music Therapy Under the Indiana Medicaid Waiver"
12:30-1:45	Lunch
1:45-3:45	Elisabeth Tinnes, MT-BC Internship, Business Ownership, and Beyond
4:00-4:45	Mia Meacher, MT-BC and Student Presidents IAMT student meeting and wrap-up

#### Summary:

Start the day with self-care, yoga and movement.



#### "I provide music therapy under the Indiana Medicaid waiver."

Now, what does that exactly mean? This presentation will describe what opportunities the Indiana Medicaid waiver provides for individuals with ID and DD. What is the Medicaid waiver and what it means for future music therapists? What population, types of goals, and what a typical a day would look like for a music therapist. This presentation will also describe recreational therapy and how it can provide a holistic approach when paired with music therapy.

Internship, Business Ownership, and Beyond: Curious about internship? Has private practice crossed your mind? Elisabeth Tinnes, MT-BC, will offer practical information on internship that includes mock interviews and answers to the question "what is a clinical training director really looking for and how can I prepare?"

Beyond internship, Elisabeth will outline the steps to creating a music therapy business, generating clients, employees vs sub contractors, maintaining the work you have and expanding your business.

#### **Special Guest Bios:**

**Professor Kitty Karn** has been practicing various forms of yoga since the early 1990's and Kundalini Yoga and Meditation (as taught by Yogi Bhajan) since 2001. In 2013, she received her Level 1 Kundalini Yoga Teacher Training Certification and is currently working on her Level 2 Certification. Her passion is helping students foster self-love and grow in their awareness, creativity and artistry from a heart centered space by reducing stress and increasing vitality.

**Anna Matlack, MT-BC:** Graduated from Elizabethtown College in Lancaster Pennsylvania,. Anna now provides music therapy services in Fort Wayne Indiana as a director of music therapy at North Node Wellness Inc. She completed her music therapy internship at the Ann Storck Developmental Center in Fort Lauderdale Florida. She mainly has experience with individuals with developmental disabilities with a wide range of ages from babies to older adults, and continues to develop her profession at national conferences. Anna currently cantors at her local church and will be featured in a local radio show on WBOI in Fort Wayne in early March. **Lori Schweyer, CTRS:** graduated from Indiana Institute of Technology in Fort Wayne, IN in 2006. She became certified by the National Council for Therapeutic Recreation Certification (NCTRC) in 2007. Lori has been serving individuals with intellectual disabilities on the Medicaid waiver since May 2008 and will be celebrating her 9 year anniversary with several of her clients this May. In April 2015, she began as the Director of Recreation Therapy services at North Node Wellness, Inc where she began building a successful recreation therapy department. Lori now directs both the Fort Wayne and Indianapolis departments while continuing to provide recreation therapy services to 12 individuals ranging in age and abilities.

**Elisabeth Tinnes (MT-BC)**: Joy of Music was born in 2005 out of a love for music, a dedication to people, and a zeal for the relationship between the two.

Elisabeth Tinnes (MT-BC) founded The Joy of Music based on community, relationship and integrity and has maintained personalized, client-centered care as business has expanded across southeast Iowa.

Elisabeth is a graduate of The University of Iowa and completed her internship at The University of Iowa Hospitals and Clinics where she studied in psych and medical including NICU and child oncology. The Joy of Music is in its 11th year of business and serves a variety of clientele including hospice, special education, psychiatry, adults with different abilities and geriatrics.

The Joy of Music offers an internship to dedicated, self-driven individuals of good character. You can learn more about the business by visiting <a href="http://www.thejoyofmusictherapy.com">www.thejoyofmusictherapy.com</a> or by emailing Elisabeth at <a href="http://thejoyofmusic@gmail.com">thejoyofmusic@gmail.com</a>